



# Embedding Trauma Informed Practices in Teacher Preparation



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# Interactive Polling...



# *Hot Topics*

What are your hot buttons with your college students?



# What are your **HOT BUTTONS** with your college students



# Are these our triggers?



Discuss at your table

- What values do you think underlie these hot buttons?
- What stressors might underlie our reactions to these triggers?

# Recognizing Stress

In ourselves and in our students



# *Students and Stress*



What stresses your students?

# What stresses your students?



# When it rains, it pours...

Carrie's story

Excuses or lived experiences?

Do we discount it because we can't fathom it?

Do we have a bottom line for our compassion?



## Relationships and Privacy

- Do we need to know the whole story?
- Are we putting ourselves at risk of vicarious trauma?
- Do we have the right to ask students in pain to be even more vulnerable?
- Does our empathy have conditions?



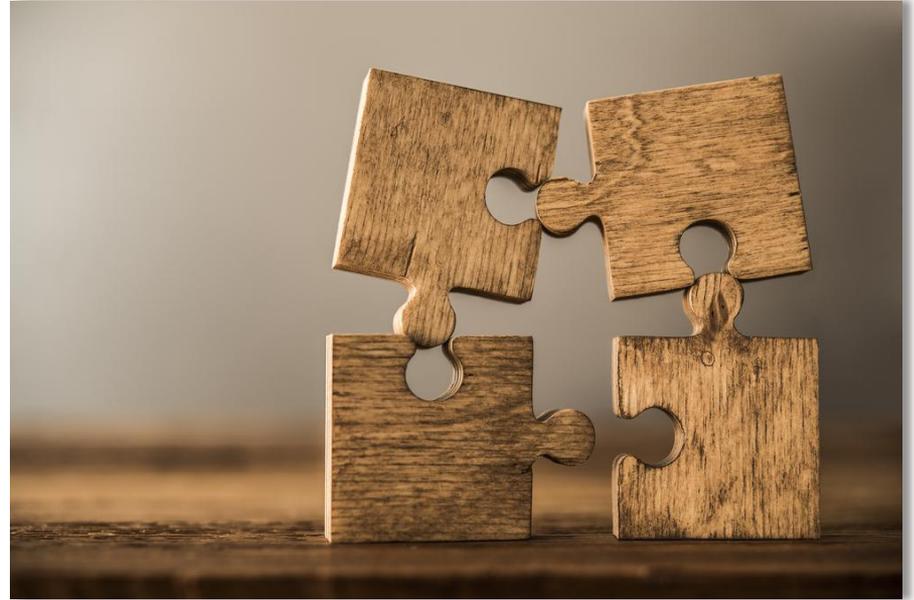


Reduce  
Stress  
&  
Increase  
Learning

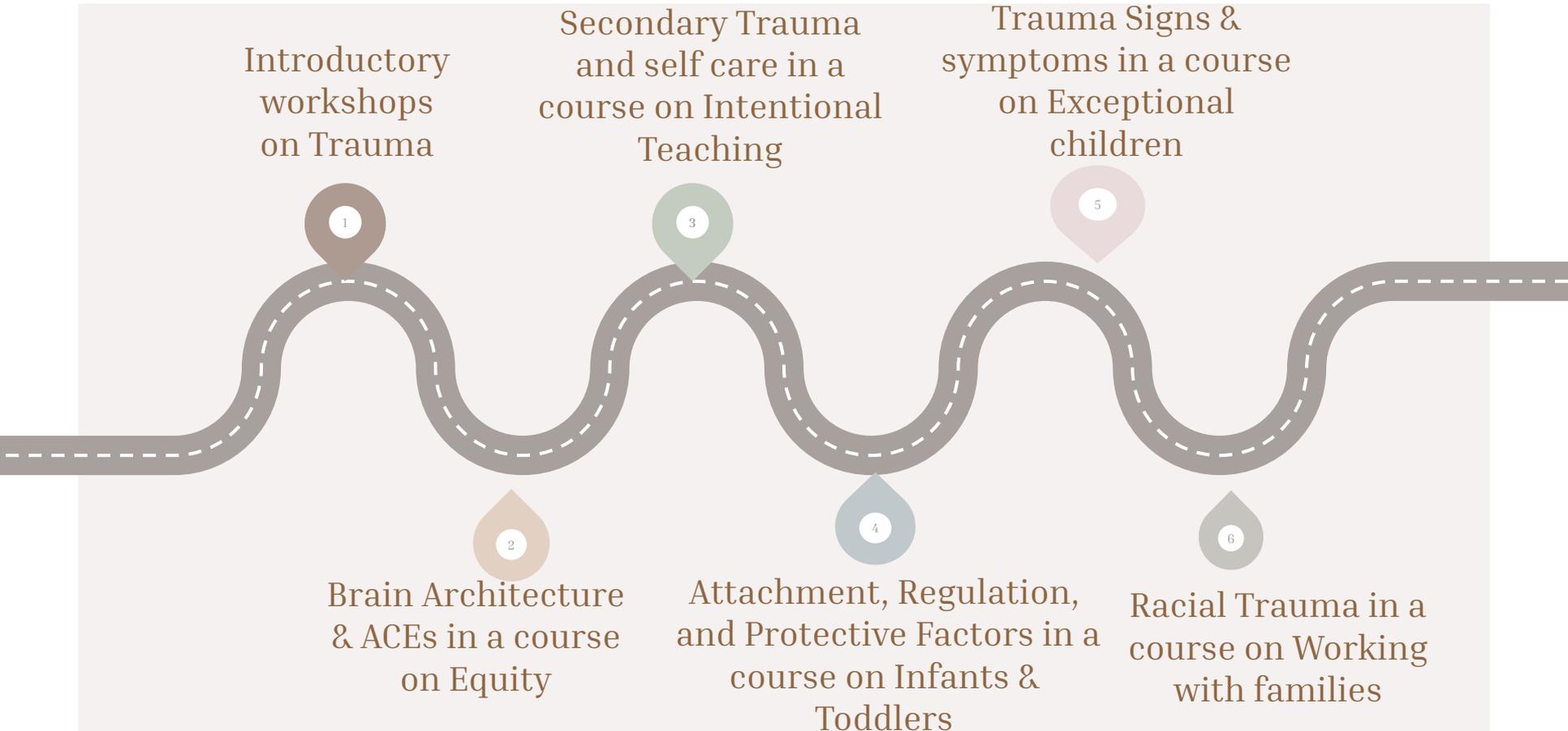


## Stand-alone Workshop on TIP

- Content integrated and embedded throughout course & program



# TIP Roadmap



# Components

How do we know we've covered everything?



# The HEARTS Framework

## HEARTS



**H**ealthy  
**E**nvironments  
**A**nd  
**R**esponse to  
**T**rauma in  
**S**chools

- Understanding trauma & stress
- Cultural humility & responsiveness
- Safety & predictability
- Compassion & dependability
- Resilience & social emotional learning
- Empowerment & collaboration

# Current Practices

Using the framework, see if you can identify those components you are already using in your courses – either teaching about them, or modeling using them.

- Talk with an elbow partner or your table
- What do YOU call those practices?



# Shifts in Language

## Recognize it

Identify TIP practices you use in your program and courses.

## Name it

Use the language of a researched framework.

## Expand it

Think about which components might not yet be in courses and how to massage the SLOs to add them.



LET'S RETHINK

“

*Fight for the things that you care about but do it in a way that will lead others to join you.”*

-Ruth Bader Ginsberg

# Thanks for joining us!

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