



Embedding Trauma Informed Practices in Teacher Preparation



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Interactive Polling...



Hot Topics

What are your hot buttons with your college students?



What are your **HOT BUTTONS** with your college students



Are these our triggers?



Discuss at your table

- What values do you think underlie these hot buttons?
- What stressors might underlie our reactions to these triggers?

Recognizing Stress

In ourselves and in our students



Students and Stress



What stresses your students?

What stresses your students?



When it rains, it pours...

Carrie's story

Excuses or lived experiences?

Do we discount it because we can't fathom it?

Do we have a bottom line for our compassion?



Relationships and Privacy

- Do we need to know the whole story?
- Are we putting ourselves at risk of vicarious trauma?
- Do we have the right to ask students in pain to be even more vulnerable?
- Does our empathy have conditions?



Reduce
Stress
&
Increase
Learning

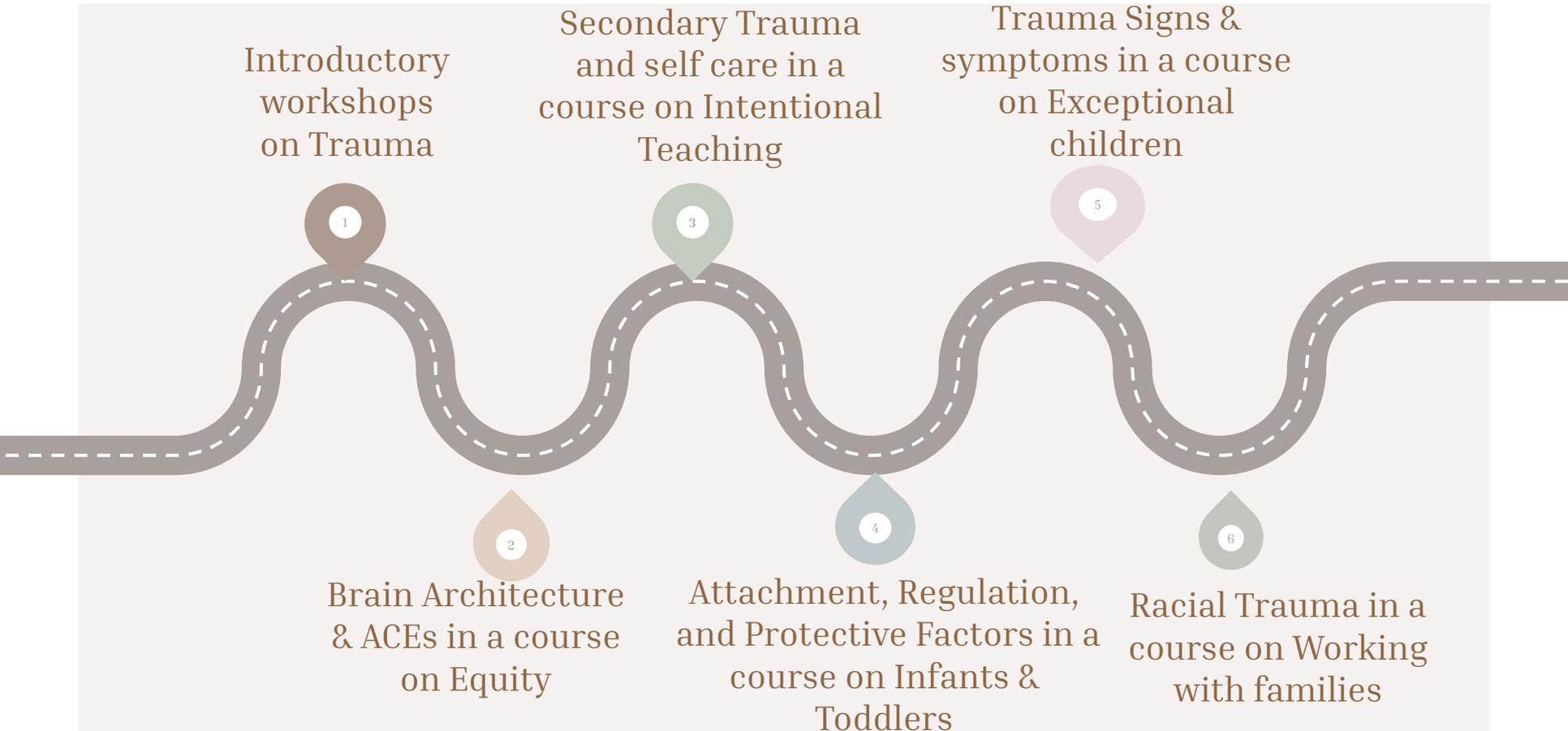


Stand-alone Workshop on TIP

- Content integrated and embedded throughout course & program



TIP Roadmap



Components

How do we know we've covered everything?



The HEARTS Framework

HEARTS



Healthy
Environments
And
Response to
Trauma in
Schools

- Understanding trauma & stress
- Cultural humility & responsiveness
- Safety & predictability
- Compassion & dependability
- Resilience & social emotional learning
- Empowerment & collaboration

Current Practices

Using the framework, see if you can identify those components you are already using in your courses – either teaching about them, or modeling using them.

- Talk with an elbow partner or your table
- What do YOU call those practices?



Shifts in Language

Recognize it

Identify TIP practices you use in your program and courses.

Name it

Use the language of a researched framework.

Expand it

Think about which components might not yet be in courses and how to massage the SLOs to add them.



LET'S RETHINK

“

Fight for the things that you care about but do it in a way that will lead others to join you.”

-Ruth Bader Ginsberg

Thanks for joining us!

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